

# TC CANTEEN MENU

Term 2 2022

## BREAKFAST

Granola Cup	\$4.00
Waffle	\$4.00
Hash brown	\$1.00
Bacon and egg muffin	\$4.00
Cheese Turkish Toasty	\$4.00

## BAKERY

Banana Bread	\$3.00
Muffin	\$3.50
Various flavours baked daily	
Cookie	\$2.50

## COFFEE CART

SMALL \$3.50    LARGE \$4.00

Flat white | Cappuccino | Latte | Long black | Hot Chocolate | Chai  
Extra Soy | Oat | Almond \$0.50

Milkshake \$4.50  
Chocolate | Cookies n Cream | Caramel | vanilla | Strawberry

## SMOOTHIE

\*Order only - pick up at lunch

Berry Bliss \$5.0  
Mixed berries | yoghurt | milk | honey  
Mango Mania \$5.0  
Mango | banana | yoghurt | milk | honey

## DRINKS

Prima	250ml	\$2.00
Apple   Tropical		
Water	600ml	\$2.00
Water	750ml	\$4.00
Juice		\$3.50
Up N Go	250ml	\$2.50
Vanilla   Chocolate   Strawberry		
Ice Tea	500ml	\$4.50
Mango   Peach   Lemon		
Gatorade	600ml	\$4.50
watermelon   glazier freeze   berry		
Flavoured Milk	600ml	\$4.50
Chocolate   Coffee		

## LUNCH MENU

Potato Haystack \$6.95  
Baked potato with Coleslaw and cheese

Soup of the Day \* \$4.50  
Check Specials Board

Sausage Roll \$4.00  
Sausage Roll with flaky Pastry

Beef Lasagne \* \$6.95  
Traditional Beef lasagne with Bechamel sauce

Napoli Pasta \$5.00  
Penne Pasta topped with Napoli sauce

## BURGERS

Cheese Burger \$6.00  
Beef Pattie, cheese, BBQ sauce

Chicken Schnit Burger \$6.00  
Chicken Schnitzel, lettuce, mayo

## TURKISH MELT

Parma Melt \$6.50  
– Chicken schnitzel, Napoli, cheese  
Vegetable Melt \$6.50  
– Roasted vegetable, spinach, feta, pesto  
Chicken \$6.00  
– Chicken and Cheese  
Mediterranean \$6.00  
– Salami, baby spinach, tomato relish, mozzarella cheese, roasted capsicum  
Ham Cheese \$5.00  
Ham, Cheese Tomato \$5.00

## WRAPS

Chilli Chicken Wrap \$6.50  
Chicken, lettuce, mayo, sweet chilli sauce  
Caesar Chicken Wrap \$6.50  
Chicken, lettuce, Caesar dressing, bacon, parmesan

## HOT FOOD RECESS

Hash Brown \$1.00  
Spinach ricotta Pastizzi \$1.50  
Bacon and egg muffin \$4.00  
Potato gems \$4.00  
Noodle cup \$3.50  
Sausage Roll \$4.00  
Sausage Roll with flaky Pastry Sauce \$0.30

## DAILY SPECIALS

### MONDAY

Nachos \$5.00  
Corn chips topped with salsa and cheese  
Add sour cream \$1.00

### TUESDAY

Fried Rice \$5.00  
Homemade fried rice with bacon and vegetables

### WEDNESDAY

Margarita Pizza \$5.00  
Ham and cheese Pizza \$5.50

### THURSDAY

Butter chicken & rice \$6.50

### FRIDAY

Hot dog with sauce \$4.50

## SALADS

\*Order only - pick up at lunch

Caesar Salad \$6.00  
Lettuce, bacon, parmesan, egg, croutons, Caesar dressing

Chicken Caesar Salad \$8.50  
Grilled chicken Lettuce, bacon, parmesan, egg, croutons, Caesar dressing

Pesto pasta salad \$5.50  
Pasta tossed in our homemade pesto with tomato and parmesan cheese  
Add Chicken \$7.50

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## VEGETARIAN

### Every Day

Potato Haystack \$6.95  
Baked potato with Coleslaw and cheese

Napoli Pasta \$5.00  
Penne Pasta topped with Napoli sauce

Soup of the Day \$4.50  
Check Specials Board  
Add toasted Turkish bread \$2.00

Vegetable Melt \$6.50  
– Roasted vegetable, spinach, feta, pesto

Potato Gems \$4.00

### Need to Order

Pesto Pasta Salad \$5.00  
Pasta tossed in pesto with spinach and tomato

Vegan Vegetable Melt \$6.50  
– Roasted vegetable, spinach, pesto

Egg muffin \$4.00  
– egg, spinach, cheese, tomato relish on an English muffin

Roasted vegie salad  
Sml \$5.00 \$7.00  
– Roasted vegetables tossed with spinach, cherry tomatos, cous cous and balsamic dressing

Nachos \$5.00  
Corn chips topped with tomato salsa and cheese  
Add sour cream \$1.00

Cheese Melt \$4.00  
Cheese on Turkish bread

Cheese tomato Melt \$4.50  
Cheese tomato on Turkish bread

### Wednesday Only

Margarita Pizza \$5.00

## GLUTEN FREE

### Every Day

Potato Haystack \$6.95  
Baked potato with Coleslaw and cheese

Soup of the Day \* \$4.50  
Check Specials Board

Potato Gems \$4.00

### Need to Order

GF Napoli Pasta \$7.00  
GF Penne Pasta topped with Napoli sauce cheese optional

Gf Pesto Pasta Salad \$7.00  
Gf Pasta tossed in pesto with spinach and tomato

Breakfast box \$6.00  
Breakfast only  
Scrambled egg, bacon, hash brown

### Monday Only

Nachos \$6.00  
Corn chips topped with tomato salsa and cheese  
Add Sour cream \$1.00

### Tuesday Only

Fried Rice \$5.00  
Homemade fried rice with bacon and vegetables

### Thursday Only

Butter chicken & rice \$6.50

## HOURS

The Canteen is open for

Breakfast 8am to 9am

Recess 1 Mon to Fri

Recess 2 Mon to Fri

Lunch Mon|Tue|Thu

## ORDER

There are two ways to place an order

Place your order online via myschoolconnect before 10am daily or  
Over the counter in the canteen by the end of Recess one

\*Order Only